







SERIES: LOVE, DATES & HEARTBREAKS

Episode 5: “Learning From Past Relationship Mistakes”

When it comes to relationships, how do we make sure we’re learning from our past mistakes instead of repeating them?

QUESTIONS

- 01  Do you agree that experience alone doesn’t make you wiser? Why or why not?
- 02  Have you ever bought into the Know-Better Myth: *“If I know better, I’ll do better.”* Explain.
- 03  How could viewing time as your friend improve your relationship or dating life?
- 04  Have you ever assumed that sex would solve a conflict or fix a dissatisfying relationship? Explain.
- 05  The apostle Paul encouraged Christians to “be transformed by the renewing of your minds.” Which area of your life could benefit from removing the old to make way for the new? Explain.
- 06  If you’re dating, what would be the benefits of taking a year off? What’s your biggest reservation about doing so?

NOTES

BOTTOM LINE

*If you don’t want next time to be like last time,
do something different in the meantime.*



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