







FEAR LESS

While it's impossible to be fearless, we can all fear *less*. But where do we start?

QUESTIONS

- 01  In which area(s) of your life would you like to fear less?
- 02  How do you typically respond to fear?
- 03  Has fear ever led you to do something you later regretted? How can you avoid this in the future?
- 04  *“If you spend time with fearful people, you will adopt their fear.”* Have you experienced this before? What did you do?
- 05  What makes it difficult for us to place our faith in something bigger than our circumstances?
- 06  Have you ever considered faith a solution to fear? What are the pros and cons?

NOTES

BOTTOM LINE

When our faith in someone exceeds our fear of something, fear loses its grip.



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