YOUR MOVE
WITH ANDY STANLEY

SERIES: FOUR QUESTIONS FOR BETTER DECISIONS

Episode 2: "The Story of Your Life"

Every decision we make becomes a permanent part of the story of our lives.
But how do we keep that in mind when our emotions threaten to get the best of us?

QUESTIONS

01 Do you prefer to think about the future in the shortterm or longterm? Explain.

02 Have emotions ever fueled a decision you later regretted? What do you see now that you couldn't see in the moment?

03 Focalism is when we hyper-focus on a specific desire. Has focalism ever influenced a decision you've made? What happened?

04 What makes it difficult for us to connect our individual decisions with the big-picture story of our lives?

05 Consider a decision you're facing right now. How might it help to ask yourself, *"What story do I want to tell?"*

NOTES

BOTTOM LINE

You write the story of your life one decision at a time. Write a story you're proud to tell.

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