YOUR MOVE
WITH ANDY STANLEY

SERIES: FOUR QUESTIONS FOR BETTER DECISIONS

Episode 1: "Really"

"What was I thinking?" We've all asked ourselves that question at some point. So, how do we avoid making decisions that become regrets?

QUESTIONS

01 In your experience, what's the main reason people make decisions they later regret?

02 Is there a decision you wish you could go back and unmake? What factors influenced your decision?

03 Have you ever attempted to sell yourself on a bad decision? Explain.

04 Do you think our culture values being honest with ourselves? Why or why not?

05 Have you ever experienced the benefits of telling yourself the truth, even when it was hard to admit? Explain.

06 Consider a decision you're facing right now. How might it help to ask yourself, *"Am I being honest with myself . . . really?"*

NOTES

BOTTOM LINE

Being honest with ourselves empowers us to make regret-free decisions.

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