



# WHAT HAPPY COUPLES KNOW

**We all have hopes, dreams, and desires for our relationships. But if we're not careful, they can become expectations for the other person to fulfill. Here's how happy couples avoid that scenario.**

**Happy couples know they owe each other everything, but they're not owed anything in return.**

**Happy couples know that putting each other first means choosing to be last.**

**Happy couples know that when one person wins, the relationship loses.**

**Happy couples make a habit of choosing to believe the best of each other.**